# How can you help?

## 1.Donate food

#### Local collection point is:

Safestore Stoke Newington, 4 Somerford Grove, N16 7TX

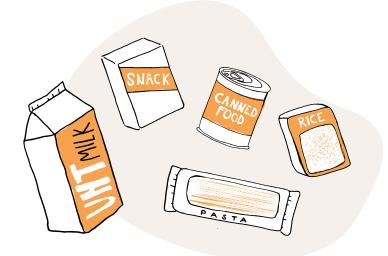
#### Urgently needed item:

Soup, breakfast cereals, pasta, rice pasta sauce, tinned meat, tinned vegetables, tinned fruit, tea, coffee, sugar, biscuits, snacks, UHT milk

#### No need for:

Sanitary towels, tampons, nappies, baby milk formula (this cannot be given out)

No fresh food can be taken





## **2.Donate food** without going out

#### Call +44 20 3289 2656 or write to shacklewell.volunteers@gmail.com

Someone will come and collect it from you when it's best for you (following social distancing rules)

## **3.Donate money**

### Go to HACKNEY.FOODBANK.ORG.UK and make a donation

Big or small, every gift you give helps transform lives

